

CERTIFICATE

OF PARTICIPATION

This is to certify that

Tristan Doel

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:43:51

PACE 07:58/km

OVERALL 54 of 149

GENDER 42 of 79

OPEN 23 of 40

23 June 2019, Sun

Date



Bout Time